

INDEPENDENT CARE & SUPPORT LTD
Unit F1 Knights Park, Knight Road, Strood, Kent, ME2 2LS
Tel 01634 730 004 Email office@independent-care.co.uk

Person Specification: CARE WORKER

Desirable Skills, Knowledge and Abilities

- Ability to relate well to client, their carers and other staff
- A commitment to high standards of care
- Good health and the ability to deliver physical care
- A friendly and caring attitude
- Effective interpersonal skills
- Energetic and enthusiastic
- The ability to work unsupervised and on one's own initiative
- A knowledge of maintaining written records
- Awareness of Disability Issues, Older People Issues, Mental Health Issues, Health and Safety and Equal Opportunities

Desirable Experience

- Previous experience of working in the care field
- Team work

Job Description

Provide a range of physical and personal care to highly dependent elderly people in accordance with the individual. Either in a person's own home or within a residential setting. As a Care Worker you will be responsible to the Team Manager.

Duties and Responsibilities

- To help devise and carry out the care programme agreed with service users, their carers and care managers.
- Assist service users with all physical and personal needs, including dressing/undressing, washing, shaving, dental and hair care, and their toiletry needs.
- To prepare and serve meals and drinks as required by the care programme.
- To assist with and supervise medication authorised by the doctor/ district nurses.
- To ensure service users are content and encourage them to maintain contacts with friends and relatives.
- To attend and contribute to meeting of care staff, senior staff and other professional groups for meetings.
- To attend training courses as required.
- To comply with Health and Safety, Fire Regulations and other company policies.
- To undertake other tasks that are appropriate to the grade and level of responsibility of the post.
- To act in accordance with equal opportunities policy and undertake the duties as required by corporate and directorate action plans.